

SEASONALS 18.00 - 22.00PM

APPETIZERS

TUE-THU 16-22 PM
FRI-SAT 16-23 PM

- SPICED NUTS.....4.00
- PARMESAN ROCKS.....5.00
- MARINATED OLIVES.....6.00
- TOMATO TAPENADE WITH BREAD.....5.00
- HUMMUS WITH SUMAC-OIL & BREAD.....6.00

CLASSICS

UNSERE KLASSIKER

TUE-THU 17-22 PM | FRI-SAT 17-23 PM

FRIES WITH HERBS & DIP
CHF 8







MEATBALLS „BBQ STYLE“
CHF 9

ZANDER IN A BEER BATTER
WITH SAUCE TARTARE & FRIES WITH HERBS
CHF 21

WERK 8 - CLUB SANDWICH
WITH FRIES AND HERBS & DIP
CHF 23

VEGETARIAN WERK 8 - CLUB SANDWICH
WITH WHOLE-GRAIN TOAST
AND FRIES WITH HERBS & DIP
CHF 21

BEEF-TARTARE (150G)
WITH COGNAC, WHISKEY OR CALVADOS
AND CRISPY TOAST
CHF 32

-  VEGETARIAN
-  VEGAN
-  GLUTEN FREE
-  DAIRY FREE
-  LOW CARB
-  HIGH PROTEIN

FIELD HARVEST

DIREKT VOM FELD

SPRING SALAD | POMEGRANATE DRESSING
RADISH | CUCUMBER | ROASTED HEMPSEEDS
CHF 13
(CHF 7 AS SIDE SALAD)



BENEATH SPINACH AND LEEK WE USE KALE AS A MAIN INGREDIENT IN OUR SOUP. OUT OF ALL EDIBLES, KALE HAS THE HIGHEST PERCENTAGE OF BETA-CAROTENE, WHICH PROTECTS THE CELLS OF HUMAN BEINGS.

SOUL SOUP

SUPPE FÜR DIE SEELE

SOUP MADE OUT OF GREENS | CARROT MUFFIN
ROASTED ALMONDS | CHIA SEEDS
CHF 12



SIMPLY PASTA

FÜR DEINEN NÄCHSTEN MARATHON

LINGUINE | WILD GARLIC PESTO
PECORINO CHEESE | CHERRY TOMATOES
CHF 19



SWEETS - 18.00 PM - 22.00 PM

OVERLOAD SWEETS

DIE SÜSSE VERSUCHUNG

BUBBLE WAFFLE | COOKIES
CARAMEL | CHOCOLATE
STRACCIATELLA ICE CREAM
CHF 15

FREE FROM - FULL OF TIERISCH GUT

SWEET POTATO
LENTILS | BABY CARROTS | AVOCADO
SOY & PARSLEY-YOGHURT | PINE NUT SEEDS
CHF 27



SWEET POTATO:
FULL OF MINERAL NUTRIENTS - GOOD FOR OUR NERVES, MUSCLES AND HAMEATOSIS

PLANTS IN THE PANTS

VOLLE VEGI POWER

COUSCOUS „ASIA STYLE“
GINGER & LEMONGRASS SOY-DIP
VEGETABLES IN A TEMPURA BATTER | PAK CHOI
CHF 23



BUTCHER'S CHOICE

FLEISCHLOS IST WAS FÜR... VEGIS

BEEF ENTRECÔTE (250G)
SEARED GREEN ASPARAGUS
TARRAGON-ONION CHUTNEY
CHF 43



LOCAL HEROES

AIGHT-GENÖSSISCHES

CRISPY PORK BELLY
HONEY JUS | FONDANT POTATO
CARROT-MUSTARD PUREE | APPLE
CHF 29

RHUBARB: FORMERLY KNOWN AS MEDICINE, NOWADAYS FAMOUS FOR BEING RICH IN VITAMINS AND POOR IN CALORIES. ABSOLUTELY REFRESHING.

HEALTHY SEDUCTION

DIE GESUNDE VERFÜHRUNG

MARINATED RHUBARB | LIME TAPIOKA
FREEZE-DRIED STRAWBERRIES
MINT
CHF 11

